

# Informed Consent & Assumption of Risk Agreement

**ATTENTION! Please read carefully. By signing this document, you will assume certain risks and responsibilities.**

Name of Participant (print) \_\_\_\_\_

Participant's Date of Birth (yyyy/mm/dd) \_\_\_\_\_ if under 18 years of age

1. This is a binding legal agreement. **Clarify any questions or concerns before signing.**

2. **As a Participant in the sport of curling and the activities, programs, classes, services provided and events sponsored or organized by Tavistock Curling Club (collectively the "Organization")**, including but not limited to: games, tournaments, practices, training, personal training (collectively the "Activities"), the undersigned being the Participant and Participant's Parent/Guardian if the Participant is younger than 18 years of age (collectively the "Parties") acknowledges and agrees to the following terms outlined in this agreement:

## **Description and Acknowledgement of Risks**

3. The Parties understand and acknowledge that:

- a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life. The sport of curling is played on a sheet of ice, which is slippery, hard, and dangerous.
- b) A pertinent risk to participating in the sport of curling is the risk of suffering serious head injury should the Participant fall, trip, or stumble onto the ground or ice. **All Participants under 12 years of age MUST wear a helmet at all times when participating in the sport of curling. It is highly recommended that Participants age 12 and older also wear a helmet.**
- c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction.

4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:

- a) *Health*: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses, bacteria, parasites or other organisms or any mutation thereof.
- b) *Premises*: defective, dangerous or unsafe condition of the facilities; power outages, restricted lighting or blackouts; falls; collisions with objects, walls, equipment or persons;

dangerous, unsafe, or irregular conditions on the driveway, parking lot, walkways, entry and exit areas, floors, ice, or other surfaces; extreme weather conditions.

- c) *Use of Equipment*: mechanical failure of the equipment; deficient design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within the Participant's own ability.
- d) *Contact*: contact with brooms, brushes or curling stones, other equipment, vehicles, or other persons, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
- e) *Ability*: failing to act safely or within the Participant's own ability or within designated areas.
- f) *Sport*: the game of curling and its inherent risks, including but not limited to, running, sliding or slipping on the ice surface, delivering the curling stone, skipping or sweeping, stepping onto the ice surface from the walkway or onto the walkway from the ice surface, or stepping over dividers that divide one sheet of ice from the next.
- g) *Cyber*: privacy breaches, hacking, technology malfunction or damage.
- h) *Conduct*: the Participant's conduct and conduct of other persons, including any physical altercation between participants.
- i) *Travel*: travel to and from the Activities and the premises.

## Terms

5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:

- a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
- b) That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition;
- c) To comply with the rules and regulations for participation in the Activities;
- d) To comply with the rules of the facility or equipment;
- e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Organization immediately;
- f) The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way;
- g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity; and
- h) That they are responsible for the choice of the Participant's safety or protective equipment and the secure fitting of that equipment.

6. In consideration of the Organization allowing the Participant to participate, the Parties agree:

- a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the Activities;
- b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities; and
- c) That this Agreement is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Jurisdiction**

7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the Province of Ontario and they further agree that the substantive law of the Province of Ontario will apply without regard to conflict of law rules.

**Acknowledgement**

8. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)	Signature of Participant	Date

Name of Parent or Guardian(print)	Signature of Parent or Guardian	Date
(if Participant is under 18 years of age)		